We Can All Be Changemakers



Materials Access to the internet, paper, pencil

Learning Identify a social issue and describe possible strategies or ideas to support or

Outcome solve the issue.

Description

Share a short video with the child about changing the world from <u>Kid President</u>. Discuss the video with the child and ask them what they learned. Brainstorm a problem or an issue that the child is interested in like climate change, lack of clean water, or lack of food for children.

Ask the child to research their problem or issue and draw and describe it. They should include a brief overview of the problem, a few different solutions, and why they are interested in helping to solve the problem or issue.

Consider challenging the child further to write a letter or e-mail to an organization or a person that could support in solving the problem or issue.

Emotional Well-Being Competencies



THINK

Develop cognitive skills and strategies that facilitate selfmanagement, decision-making, and relationship skills.



FEEL

Develop affective skills and strategies that facilitate healthy and safe relationships with themselves, with others, and with their environment.



ACT

Practice behaviour skills and strategies that facilitate responsible decision-making, selfawareness, and social-awareness.



Reflection Questions

Reflection is important to support learning for emotional well-being. Consider asking the child the reflection questions below and discuss the answers together.

- What point stood out to you the most from the video? Why?
- What interesting stories or people did you discover that are working to solve the problem or issue you selected?

